



Name: \_\_\_\_\_

## Disciple Packet 2 of 6

Confirmation preparation  
YouCat & Bible Application



\* List and briefly describe the five main types of prayer: (YCT 483-489)

- 1.
- 2.
- 3.
- 4.
- 5.

*Which of these types do you use most often ?*

*Which type do you need to use more?*

Read YouCat 490: Someone who prays only when he feels like it does not \_\_\_\_\_

Prayer thrives on faithfulness. *What can you do to be more faithful to prayer?*

The Bible is like a wellspring (abundant flow) of prayer. 'To pray with the Word of God' means to (YCT 491)

\_\_\_\_\_

*What can you do to read scripture more often/daily?*

Someone who prays as a Christian steps at that moment out of himself and enters into an \_\_\_\_\_

\_\_\_\_\_ in the one God and Lord. Everything that happens, every encounter can become the occasion for prayer. For the more deeply we live in union with God, the deeper we understand the world around us. (YCT 493-494)

*Do you talk with God during the day?*

*Do you listen to Him?*

*What can you do to better invite God into your daily life?*

Name: \_\_\_\_\_

## Prayer Notes

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer.

My daily prayer is: \_\_\_\_\_

*How has this been going?*

*What can you do to make it go better?*

*We can all improve our prayer, what will you do?*

## Lively Virtues (Capital Virtues): Meekness

### Definition:

Meekness is the virtue that controls resentment at others, and helps us to grow in patience. Through Meekness we are able to remain patient when we are insulted. Angry outbursts at the smallest thing are characteristics of someone who does not have the virtue of meekness.

Which of the 7 Deadly Sins does Meekness overcome? \_\_\_\_\_

### Example:

Someone said something mean to me and I was able to just let it go.

LIVE IT! Describe something you did, this month, to practice the virtue of Meekness:

Did you feel resentment towards another person as you practiced this virtue?

How did your actions help you to grow in patience?

Read Matthew 5:5 What does Jesus promise to those who are meek?

“Nothing is more powerful than meekness. For as fire is extinguished by water, so a mind inflated by anger is subdued by meekness.” – St. John Chrysostom



## Sharing with your Sponsor

**Discuss** the questions below with your sponsor. You do not need to write a response to the questions below. If you meet in person, your sponsor needs to sign. If you discuss the questions over the phone, then your sponsor needs to email me.

1. Read over the questions together from the YouCat & Bible section and discuss your answers.
2. *Sponsor: What is your favorite bible passage? Why is it your favorite? Please share with your candidate.*
3. Tell your sponsor what your daily prayer commitment is and how it has been going so far. Discuss any differences you have noticed as a result of your prayers.
4. Discuss virtue, specifically the virtue of meekness. Explain to your sponsor how you recently practiced this virtue.
5. Tell about something you learned from Mass for the date given on the Homily notes.
6. End your discussion by praying a *Hail Mary* for the Holy Souls in purgatory.

After discussing the questions above with your sponsor, please have them sign

Sponsor signature: \_\_\_\_\_

*If unable to sign, or if preferred sponsors may email me at* [DRE@CTK.DIOLCPARISH.ORG](mailto:DRE@CTK.DIOLCPARISH.ORG)

## Praying with your Parent(s)

Once completed, show your parent(s) Disciple Packet #2. Tell them how your prayer commitment is going. With your parent, spend a few minutes in prayer offering up intentions for family member who have passed away. End with the prayer to *St. Michael*.

I have reviewed Disciple Packet #2 and my child and I have prayed together:

Parent signature: \_\_\_\_\_

