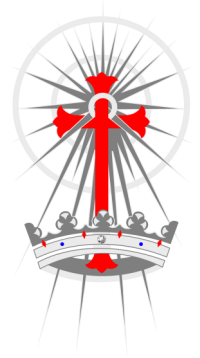




Name: \_\_\_\_\_

## Disciple Packet 3 of 6

Confirmation preparation  
YouCat & Bible Application



\* Sacraments are not magic.

A sacrament can be effective only if \_\_\_\_\_. Sacraments not only assume faith, they also strengthen it and give expression to it. (YCT 177)

*What do you need to do to receive the grace God intends for you to receive?*

To be admitted for Confirmation, you must be in a state of \_\_\_\_\_ which means if you've committed a \_\_\_\_\_ sin, you need to go to \_\_\_\_\_ (YCT 206)

*Make a plan with your parent/sponsor to go to Confession soon—together. Write down the date.*

We can be sure our prayers are heard if \_\_\_\_\_ (YCT 495)

*What is the most difficult part of trusting in Jesus?*

On a scale of 1-10 (10 being best), how well do you trust God?

*It is natural not to trust someone we don't know well. So, what are some things you can do to better know God?*

It is very important for us to pray \_\_\_\_\_ ... But it is also important for us to visit \_\_\_\_\_ . YCT 498 (this paragraph continues to the next page)

*Share some examples of experiences in both of the above settings.*

Someone who does not pray regularly will soon not \_\_\_\_\_ (YCT 499)

*How often should you pray?*

*How often do you pray?*

Read the difference between vocal, meditative and contemplative prayer. (YCT 501-503)

*Which form sounds the best for you? Why?*

Name: \_\_\_\_\_

## Prayer Notes

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer.

My daily prayer is: \_\_\_\_\_

*How has this been going?*

*Are you excited to pray? Explain why or why not?*

## Lively Virtues (Capital Virtues): Humility

### Definition:

Recognizes our 100% reliance on God for all that we have, or ever will have. Everything on earth is on loan from God, including our good looks, our money, our house, etc. \*\* Humility is not the same as humiliation \*\*

Which of the 7 Deadly Sins does Humility overcome? \_\_\_\_\_

### Example:

I was complimented for being a good athlete and thanked my coach and parents rather than letting it go to my head.

LIVE IT! Describe something you did, this month, to practice the virtue of Humility:

How did this help you grow?:

Read Philippians 2:3-4 What is the opposite of selfishness?

Who is someone you see as an example of a humble person? Why?

‘The truly humble reject all praise for themselves, and refer it all to God.’ - St. Alphonsus Maria de Liguori

Name: \_\_\_\_\_

## Homily Notes

**\*\* A church bulletin must be attached - ONLY IF YOU DID NOT ATTEND AT CHRIST THE KING or CORPUS CHRISTI \*\***

From: **December 8**

Parish: \_\_\_\_\_

Pastor: \_\_\_\_\_

1st Reading: \_\_\_\_\_

What was the Responsorial Psalm? \_\_\_\_\_

2nd Reading: \_\_\_\_\_

Gospel Reading: \_\_\_\_\_

What color were the vestments? \_\_\_\_\_ why? \_\_\_\_\_

Which Mass was this - of the liturgical year? (not a date) \_\_\_\_\_

## Homily Summary

Please write at least 5 sentences below summarizing the homily you heard.

It may be helpful to take notes during Mass.

*If you wish to discuss your summary, meet with Deb (before the due date)*

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

## Sharing with your Sponsor

**Discuss** the questions below with your sponsor. You do not need to write a response to the questions below. If you meet in person, your sponsor needs to sign. If you discuss the questions over the phone, then your sponsor needs to email me.

1. Read over the questions together and discuss your answers from the YouCat & Bible section (page one).
2. Tell your sponsor what your daily prayer commitment is and how it has been going so far. Discuss if it has gotten easier to pray each day. Do you pray longer than you first did?
3. *Sponsor: What do you remember about your confirmation? What name did you choose? Why did you pick this name? Share it with your candidate.*
4. Explain to your sponsor why you chose your confirmation name. Tell your sponsor about the saint your name is after.
5. Discuss virtue, specifically the virtue of humility. Explain to your sponsor how you recently practiced generosity.
6. End your discussion by praying the *St. Michael* prayer for the unborn.

After discussing the questions above with your sponsor, please have them sign

Sponsor signature: \_\_\_\_\_

*If unable to sign, or if preferred sponsors may email me at* [DRE@CTK.DIOLCPARISH.ORG](mailto:DRE@CTK.DIOLCPARISH.ORG)

## Praying with your Parent(s)

Once completed, show your parent(s) Disciple Packet #3. Tell them how your prayer commitment is going. With your parent, spend a few minutes in prayer offering up intentions for family members who may need extra prayers this month. End by praying an *Our Father*.

I have reviewed Disciple Packet #3 and my child and I have prayed together:

Parent signature: \_\_\_\_\_