



Name: \_\_\_\_\_



## Disciple Packet 4 of 6

### Confirmation preparation YouCat & Bible Application

According to St. John Vianney and St. Augustine, only one thing can make man content and happy and that is  
\_\_\_\_\_ (YCT 285)

*Do you trust that you can find happiness in God? Yes/No If not, what would help you to trust God more?*

Read through the Eight Beatitudes (Matthew 5:3-12) Which beatitude do you like the best? Why?

Read YCT 291, Is a person capable of distinguishing good actions from bad ones? Yes / No

Read YCT 292, List the three guidelines to distinguish good from bad actions:

- 1.
- 2.
- 3.

Read YCT 300, What are the four cardinal virtues?

- 1.
- 2.
- 3.
- 4.

Which of these four do you think is the most important?

Which one do you need to work on the most?

1 John 1:8 “If we say we have no \_\_\_\_\_, we deceived ourselves, and \_\_\_\_\_ is not in us.

What has God given us as a means of restoring our relationship with Him when it is broken by sin?

\_\_\_\_\_ (YCT 317)

### Prayer Notes

To grow in my relationship with Christ and His Church, I made a commitment to daily prayer. This commitment to pray was made about 6 months ago.

My daily prayer commitment is: \_\_\_\_\_  
How has it been going? (explain in at least 2-3 sentences)

Name: \_\_\_\_\_

## Lively Virtues (Capital Virtues): Temperance

### Definition:

Temperance is the virtue that helps us to control our love of eating and drinking and sex. Where the virtue of fortitude helps us to keep going in the midst of difficulty; the virtue of temperance helps us to stop in the middle of pleasure.

Which of the 7 Deadly Sins does Temperance overcome? \_\_\_\_\_

LIVE IT! Describe something you did, this month, to practice the virtue of Temperance:

How did this help you grow?:

Read Galatians 5:22-25 What are the fruits of the Spirit?

## Lively Virtues (Capital Virtues): Chastity

### Definition:

Chastity not only moderates our desire for physical acts of sexual pleasure, but also helps us to redirect the thoughts which precede these impure actions. It respects sexual union as a gift for marriage.

Which of the 7 Deadly Sins does Chastity overcome? \_\_\_\_\_

### Examples:

When I see an attractive person, I keep my focus on their face/eyes. When I choose clothes, I don't wear tight, low cut clothes that make it easier for others to see me as an object rather than a beloved child of God.

LIVE IT! Describe something you did, this month, to practice the virtue of Chastity:

How did this help you grow?:

Read 1 Corinthians 6:18-20 What does Paul say your body is: \_\_\_\_\_ ?

What does vs. 20 tell us to do?

How do you do this?

"When you decide firmly to lead a clean life, chastity will not be a burden on you: it will be a crown of triumph." -St. Josemaria Escriva

Name: \_\_\_\_\_

## Homily Notes

\*\* A church bulletin must be included with these notes - ONLY IF YOU DO NOT ATTEND CHRIST THE KING. \*\*

From: **January 22, 2023**

Parish: \_\_\_\_\_

Pastor: \_\_\_\_\_

1st Reading: \_\_\_\_\_

What was the Responsorial Psalm? \_\_\_\_\_

2nd Reading: \_\_\_\_\_

Gospel Reading: \_\_\_\_\_

What color were the vestments? \_\_\_\_\_ why? \_\_\_\_\_

Which Sunday Mass was this - of the liturgical year? (not a date) \_\_\_\_\_

## **Homily Summary**

Please write at least 4 sentences below summarizing the homily you heard.

It may be helpful to take notes during Mass.

*If you wish to discuss your summary, contact Deb (before the due date)*

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## Sharing with your Sponsor

**Discuss** the questions below with your sponsor. You do not need to write a response to the questions below. If you meet in person, your sponsor needs to sign. If you discuss the questions over the phone, then your sponsor needs to email me.

1. Read over the questions together and discuss your answers from the YouCat & Bible section (page one).
2. Tell your sponsor what your daily prayer commitment is and how it has been going so far. Discuss if it has gotten easier to pray each day. Do you pray longer than you first did?
3. *Sponsor: What have you done over the years during the Lenten season? Extra time in prayer, fasting or almsgiving? What might you do this year? Share with your candidate.*
5. Discuss the virtues of temperance and chastity. Explain to your sponsor how you recently practiced each.
6. End your discussion by praying the *Hail Holy Queen* for those in need of shelter.

After discussing the questions above with your sponsor, please have them sign

Sponsor signature: \_\_\_\_\_

*If unable to sign, or if preferred sponsors may email me at DRE@CTK.DIOLCPARISH.ORG*

## Praying with your Parent(s)

Once completed, show your parent(s) Disciple Packet #4. Tell them how your prayer commitment is going. With your parent, spend a some time in prayer for each member of your family. End by praying a *Hail Mary*.

I have reviewed Disciple Packet #4 and my child and I have prayed together:

Parent signature: \_\_\_\_\_



## Confirmation Name Report

Write a one page report on your Confirmation name (this name will be used by the bishop when he anoints you.) This report must be completed on a separate sheet, and should be typed.

The report will need to include:

- Your name and your Confirmation name
- Why you chose this name as your Confirmation name (maybe your baptismal name, a family name, a new name you chose to claim your Christian identity, a patron saint name...)
- How this name will make a lasting difference for you
- Information about the saint whose name you are using. Confirmation names need to come from the Christian tradition, just as baptismal names do.
- A picture of the saint would be a great to include, if possible/applicable

*In Baptism, the Lord's name sanctifies man, and the Christian receives his name in the Church. This can be the name of a saint, that is, of a disciple who has lived a life of exemplary fidelity to the Lord. The patron saint provides a model of charity; we are assured of his intercession. The "baptismal name" can also express a Christian mystery or Christian virtue. "Parents, sponsors, and the pastor are to see that a name is not given which is foreign to Christian sentiment."*

**CCC 2156**

Some online locations for saint information are:

<http://catholicsaints.info>

<https://www.franciscanmedia.org/source/saint-of-the-day>